

Goldilocks and the Three Bears
by Parragon Books

LEARNING THROUGH STORIES



Goldilocks and the Three Bears

	Monday	Tuesday	Wednesday	Thursday	Friday
Literacy	<p>Make letters with playdough</p> <p>Vocabulary words: porridge, bear, bed, chair, cottage, hot, cold, woods</p>	<p>Write in oatmeal the first letter of vocabulary words.</p>	<p>Write in oatmeal the last letter of vocabulary words.</p>	<p>Use stickers to outline the middle letter of vocabulary words.</p>	<p>Use stickers to place on the outline of your child's name.</p>
Math	<p>Interview every family member to create a graph of who is your favorite character in the story.</p>	<p>Get a teddy bear and measure how tall it is and how wide.</p>	<p>Group all the materials to retell the story of Goldilocks and the 3 bears.</p>	<p>Practice patterns: Goldilocks, Mama Bear, Papa Bear, Baby Bear, porridge, bed, chair, cottage</p>	<p>Compare sizes of the bears and Goldilocks</p>
Art	<p>Art: Create Goldilocks</p> <p>Sensory: Porridge Playdough</p>	<p>Art: Create Mama and Papa Bear</p> <p>Sensory: Goldilocks' sensory time</p>	<p>Art: Create Baby Bear</p> <p>Sensory: Wash your bears (substitute bears for any toy animal)</p>	<p>Art: Create Papa and Mama bear beds</p> <p>Sensory: Porridge Playdough</p>	<p>Create Baby Bear bed (Use your Imagination)</p> <p>Sensory: Yarn hair cutting activity</p>
STEM Makerspace	<p>Help make a new bed for Goldilocks Part 1</p> <p>Ask-Image-Plan-Create - Improve</p>	<p>Help make a new bed for Goldilocks Part 2</p> <p>Ask-Image-Plan-Create - Improve</p>	<p>Build a chair for Goldilocks and three bears Part 1</p> <p>Ask-Image-Plan-Create - Improve</p>	<p>Build a chair for Goldilocks and three bears Part 2</p> <p>Ask-Image-Plan-Create - Improve</p>	<p>Making the perfect porridge</p> <p>Test the porridge and see what the perfect temperature is.</p>
Gross Motor	<p>Bear walk</p>	<p>Bear balancing</p>	<p>Bear Track Jump!</p>	<p>Tape letter activity</p>	<p>Catch the bear</p>



LITERACY

Learning Outcome: The children through the following activities will enhance literacy and language development. The children will strengthen their fine motor skills through these activities.

Monday

Make letters with playdough

Vocabulary words:
porridge, bear, bed, chair,
cottage, hot, cold, woods

Materials: playdough, bear
alphabet cards

Instructions:

Step 1: Have bear letters
ready.

Step 2: Have playdough
ready.

Step 3: Have children roll
playdough and create
letters.

Step 4: Have fun and enjoy
this time with your child.

Tuesday

Write in oatmeal first letter
of vocabulary words

Materials: vocabulary words
cards, oatmeal and tray

Instructions:

Step 1: Have all materials
ready.

Step 2: Place oatmeal
inside tray.

Step 3: Encourage children
to draw first letter of
vocabulary words with
their finger in oatmeal.

Step 4: Have fun and
participate with your child.

Wednesday

Write in oatmeal last letter
of vocabulary words

Materials: paper, pencils,
crayons, markers

Instructions:

Step 1: Have all materials
ready.

Step 2: Place oatmeal
inside tray.

Step 3: Encourage children
to draw last letter of
vocabulary words with
their finger in oatmeal.

Step 4: Have fun and
participate with your child.

Thursday

Use stickers to outline the
middle letter of vocabulary
words

Materials: stickers, paper,
sharpie or black marker

Instructions:

Step 1: Have all materials
ready for children.

Step 2: Write the middle
letter of every vocabulary
word.

Step 3: Have children peel
sticker and outline letter
with stickers.

Step 4: Have fun and enjoy
time with your child.

Friday

Use stickers to place on the
outline of your child's
name.

Materials: stickers, paper,
sharpie or black marker

Instructions:

Step 1: Have all materials
ready for children.

Step 2: Write your child's
name on a piece of paper.

Step 3: Have children peel
sticker and outline their
name with stickers.

Step 4: Have fun and enjoy
time with your child.



MATH

Learning Outcome: The children through the following activities will develop and strengthen their mathematical thinking, communication and social skills.

Monday

Interview every family member to create a graph of "Who Is Your Favorite Character in the Story?"

Materials: paper, pens, markers, family members

Instructions:

Step 1: Have paper ready to create your graph.

Step 2: Write down your findings

Step 3: Have fun and enjoy this time with your child.

Tuesday

Get a teddy bear and measure how tall it is and how wide your bear is? Sit a bear on a chair and measure the height of the chair

Materials: stuff animal teddy bear or any other stuff animal, measuring tape or ruler, paper, marker, sharpie, string, yarn.

Instructions:

Step 1: Have all materials ready.

Step 2: Use measuring tape to measure the height and width of stuffed animal.

Step 3: Second option will be to use a ruler to measure stuffed animal.

Step 4: Third option would be to use a piece of string or yarn to measure stuffed animal.

Step 5: Record prediction for your child and discuss

Step 6: Have fun with your child.

Wednesday

Group all the materials to retell the story of Goldilocks and the 3 little bears

Materials: story characters, popsicle sticks, tape, marker, scissors

Instructions:

Step 1: Have all materials ready.

Step 2: Group all the items that are alike together.

Step 3: Group by size, materials, soft, hard etc.

Step 4: Count how many are alike and how many are different.

Step 5: Have fun with your child.

Thursday

Practice patterns: Goldilocks, Mama Bear, Papa Bear, Baby Bear, porridge, bed, chair, cottage

Materials: pattern picture card, scissors

Instructions:

Step 1: Have all materials ready.

Step 2: Start patterning your Goldilocks and three little bear characters.

Step 3: Ask questions? What is the same and what is different?

Step 4: Create a pattern

Step 5: Have fun with your child.

Friday

Compare sizes of the bears and Goldilocks

Materials: bear and goldilocks cards, scissors

Instructions:

Step 1: Have materials ready.

Step 2: Compare sized with your child.

Step 3: Which is bigger? Which is smaller? Which is the same? Which is different?

Step 5: Have fun with your child.



ART

Learning Outcome: The children will have the opportunity to develop and strengthen their creativity with this week's activity.

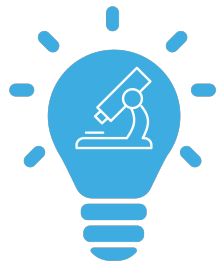
Monday	Tuesday	Wednesday	Thursday	Friday
Create Goldilocks	Create Mama and Papa Bear	Create the Baby Bear	Create Papa and Mama Bear Beds	Create Baby Bear bed
<i>Materials:</i> paper, crayons, markers, pencils, sharpie, scissors, yarn, tape, glue, any materials that can be used to create your Goldilocks.	<i>Materials:</i> paper, crayons, markers, pencils, sharpie, scissors, tape, glue, any materials that can be used to create your bears.	<i>Materials:</i> paper, crayons, markers, pencils, sharpie, scissors, tape, glue, any materials that can be used to create your bears.	<i>Materials:</i> paper, crayons, markers, pencils, sharpie, scissors, tape, glue, any materials that can be used to create Mama and Papa beds.	<i>Materials:</i> paper, crayons, markers, pencils, sharpie, scissors, tape, glue, any materials that can be used to create your Baby Bear bed.
<p><i>Instructions:</i></p> <p>Step 1: Have all materials ready.</p> <p>Step 2: Encourage your child to get messy and start designing their Goldilocks.</p> <p>Step 3: Use your creativity.</p> <p>Step 4: Have fun and enjoy this time with your child.</p>	<p><i>Instructions:</i></p> <p>Step 1: Have all materials ready.</p> <p>Step 2: Encourage your child to get messy and start designing their Mama and Papa bear.</p> <p>Step 3: Use your creativity.</p> <p>Step 4: Have fun and enjoy this time with your child.</p>	<p><i>Instructions:</i></p> <p>Step 1: Have all materials ready.</p> <p>Step 2: Encourage your child to get messy and start designing their three bears.</p> <p>Step 3: Use your creativity.</p> <p>Step 4: Have fun and enjoy this time with your child.</p>	<p><i>Instructions:</i></p> <p>Step 1: Have all materials ready.</p> <p>Step 2: Encourage your child to get messy and start designing their Mama and Papa Bear beds.</p> <p>Step 3: Use your creativity.</p> <p>Step 4: Have fun and enjoy this time with your child.</p>	<p><i>Instructions:</i></p> <p>Step 1: Have all materials ready.</p> <p>Step 2: Encourage your child to get messy and start designing the Baby Bear bed</p> <p>Step 3: Use your creativity.</p> <p>Step 4: Have fun and enjoy this time with your child</p>



SENSORY

Learning Outcome: The children will have the opportunity to develop and strengthen their creativity with this week's activity.

Monday	Tuesday	Wednesday	Thursday	Friday
Porridge playdough	Goldilocks sensory time	Wash your bears (substitute bears for any toy animal)	Porridge playdough	Yarn hair cutting activity
<i>Materials:</i> 2 cups plain flour, 1 cup salt, 2 tablespoon oil, 2 tablespoons cream of tartar, 2 cups of boiling water, 1-2 cups of porridge oats(oatmeal)	<i>Materials:</i> silicone cupcake liners or small plastic containers, Goldilocks and 3 bears, measuring spoon, large bin, oatmeal, water	<i>Materials:</i> water, sponge, old toothbrush, dish soap, deep bin, towel	<i>Materials:</i> 2 cups plain flour, 1 cup salt, 2 tablespoon oil, 2 tablespoons cream of tartar, 2 cups of boiling water, 1-2 cups of porridge oats(oatmeal)	<i>Materials:</i> paper, cardboard, markers, sharpie, hole puncher, yarn, scissors
<p><i>Instructions:</i></p> <p>Step 1: Have all materials ready.</p> <p>Step 2: Mix In the dry ingredients, add oil and stir through. Add the cups of boiling water, one at a time, stirring vigorously between each cup. When cool enough, move it onto a surface and knead it until it stops being sticky. Add the porridge oats, as many as are required to make the desired consistency. Give your child an extra tub of oats to add during play.</p> <p>Step 3: You can roll the playdough, or you can use a bear cookie cutter.</p> <p>Step 4: Have fun!</p>	<p><i>Instructions:</i></p> <p>Step 1: Have all materials ready.</p> <p>Step 2: Encourage your child to get messy.</p> <p>Step 3: Pour oatmeal into a large deep bin.</p> <p>Step 4: Pour a little of water to make oatmeal thicken.</p> <p>Step 5: Place the characters of the story inside the bin and mix them around.</p> <p>Step 6: Have fun with your child.</p>	<p><i>Instructions:</i></p> <p>Step 1: Have all materials ready.</p> <p>Step 2: Encourage your child to get messy.</p> <p>Step 3: Mix dish detergent and water to make a soapy water.</p> <p>Step 4: Put bear or animal inside the soapy water bin.</p> <p>Step 5: Start brushing bear or animal.</p> <p>Step 6: Dry your bear or animal with a towel.</p> <p>Step 7: Have fun with your child.</p>	<p><i>Instructions:</i></p> <p>Step 1: Have all materials ready.</p> <p>Step 2: Mix In the dry ingredients, add oil and stir through. Add the cups of boiling water, one at a time, stirring vigorously between each cup. When cool enough, move it onto a surface and knead it until it stops being sticky. Add the porridge oats, as many as are required to make the desired consistency. Give your child an extra tub of oats to add during play.</p> <p>Step 3: You can roll the playdough, or you can use a bear cookie cutter.</p> <p>Step 4: Have fun!</p>	<p><i>Instructions:</i></p> <p>Step 1: Have materials ready.</p> <p>Step 2: Start by cutting out a half oval out of the cardboard or construction paper and add a simple face.</p> <p>Step 3: Then, hole punch across the straight edge of your oval.</p> <p>Step 4: Cut long string yarn and fold together.</p> <p>Step 5: Weave through each hole and tie. Do this to every hole.</p> <p>Step 6: start cutting Goldilocks hair.</p> <p>Step 7: Have fun!</p>



STEM & MAKERSPACE

Learning Outcome: The children will have the opportunity to use their creativity and enhance their scientific thinking and communication skills. Children will learn to predict, observe, record, analyze the data.

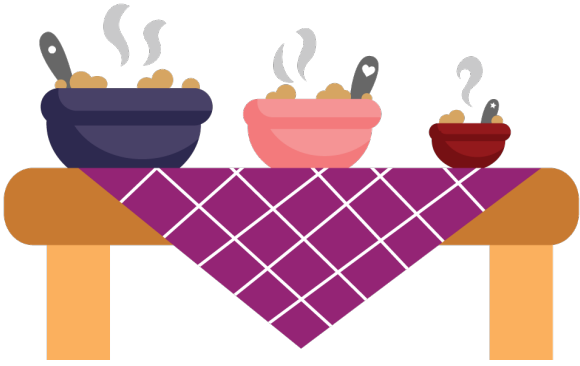
Monday	Tuesday	Wednesday	Thursday	Friday
Help make a new bed for Goldilocks Part 1	Help make a new bed for Goldilocks Part 2	Build a chair for baby bear Part 1	Build a chair for baby bear Part 2	Making the perfect porridge
<i>Materials:</i> tape, index cards, markers, washers, pennies, empty paper towel rolls, string, glue, scissors, characters of the story	<i>Materials:</i> tape, index cards, markers, washers, pennies, empty paper towel rolls, string, glue, scissors, characters of the story	<i>Materials:</i> tape, index cards, scissors, straws, empty paper towel rolls, construction paper, stuffed animal bear	<i>Materials:</i> tape, index cards, scissors, straws, empty paper towel rolls, construction paper, stuffed animal bear	<i>Materials:</i> 1/2 quick-cooking oats, pan, microwave, 2 cups of water, sugar, honey, spoon, bowls
<p><i>Instructions:</i></p> <p>Step 1: Have all materials ready</p> <p>Step 2: Ask-Image-Plan-Create-Improve-Test</p> <p>Step 3: Your child needs to help make a bed for Goldilocks is a printed-out figure, which you can add weigh to with pennies, or washers</p> <p>Step 4: Using whatever crafting materials you have handy create a new bed for Goldilocks.</p> <p>Step 5: Is the bed large enough? Will it hold the weight of the figure? Use your imagination!</p> <p>Step 6: Help your child with the construction of the bed for Goldilocks.</p> <p>Step 7: After the bed for Goldilocks have been tested. Start testing It with the bears.</p> <p>Step 8: Have fun!.</p>	<p><i>Instructions:</i></p> <p>Step 1: Have all materials ready</p> <p>Step 2: Ask-Image-Plan-Create-Improve-Test</p> <p>Step 3: Your child needs to help make a bed for Goldilocks is a printed-out figure, which you can add weigh to with pennies, or washers</p> <p>Step 4: Using whatever crafting materials you have handy create a new bed for Goldilocks.</p> <p>Step 5: Is the bed large enough? Will It hold the weight of the figure? Use your imagination!</p> <p>Step 6: Help your child with the construction of the bed for Goldilocks.</p> <p>Step 7: After the bed for Goldilocks have been tested. Start testing It with the bears.</p> <p>Step 8: Have fun!.</p>	<p><i>Instructions:</i></p> <p>Step 1: Have all materials ready.</p> <p>Step 2: Ask-Image-Plan-Create-Improve-Test</p> <p>Step 3: What are the different parts of a chair?</p> <p>Step 4: Your child will need your help.</p> <p>Step 5: How can you make the chair safe and stable?</p> <p>Step 6: What problems is your child facing?</p> <p>Step 7: Have fun with your child</p>	<p><i>Instructions:</i></p> <p>Step 1: Have all materials ready.</p> <p>Step 2: Ask-Image-Plan-Create-Improve-Test</p> <p>Step 3: What are the different parts of a chair?</p> <p>Step 4: Your child will need your help.</p> <p>Step 5: How can you make the chair safe and stable?</p> <p>Step 6: What problems is your child facing?</p> <p>Step 7: Have fun with your child</p>	<p><i>Instructions:</i></p> <p>Step 1: Have all materials ready</p> <p>Step 2: You can use a pan on top of stove or microwave</p> <p>Step 3: Take 1/2 cup quick oats, add 2 cups of water, add sugar or honey to taste</p> <p>Step 4: Cook for 5 to 6 minutes.</p> <p>Step 5: Stir and taste.</p> <p>Step 6: Change times of cooking for different bowls.</p> <p>Step 7: Make prediction with your child. Which bowl is better?</p> <p>Step 8: Have fun with your child!</p>



GROSS MOTOR

Learning Outcome: The children will have the opportunity to enhance and develop their gross motor skills by using large and small skills and using their imagination. Children will engage in outdoor play and learn to take turns.

Monday	Tuesday	Wednesday	Thursday	Friday
Bear walk	Bear balancing	Bear track jump	Tape shape activity	Catch the bear
<i>Materials:</i> child, space	<i>Materials:</i> child, spoon, small bear	<i>Materials:</i> child, colored chalk	<i>Materials:</i> child, space, tape	<i>Materials:</i> stuffed animal (bear), child
<p><i>Instructions:</i></p> <p>Step 1: Bear walk forward is performing the movement forward on all fours.</p> <p>Step 2: Bear walk backward is going backward with the bear movement on all fours.</p> <p>Step 3: Bear walk sideways is moving sideways.</p> <p>Step 4: Have fun with your child and join the fun.</p>	<p><i>Instructions:</i></p> <p>Step 1: Have materials ready.</p> <p>Step 2: Place small bear inside spoon.</p> <p>Step 3: Have child balance with the spoon and bear inside the spoon while walking.</p> <p>Step 4: Repeat: Have child balance with the spoon and bear and try running.</p> <p>Step 5: Have fun with your child and join the fun.</p>	<p><i>Instructions:</i></p> <p>Step 1: Find a section on the sidewalk or on your driveway to draw a line of bear animal tracks.</p> <p>Step 2: Draw tracks on the sidewalk in colored groups. In each color, draw a different number of animal tracks.</p> <p>Step 3: Jump from track to track while counting. You can count the tracks in the first color and then start at one again when jumping to the next color.</p> <p>Step 4: Jump from track to track while naming the color that is being jumped on of that track.</p> <p>Step 5: Have fun with your child and join the fun.</p>	<p><i>Instructions:</i></p> <p>Step 1: Have materials ready</p> <p>Step 2: Place tape down on sidewalk or driveway.</p> <p>Step 3: Create a variety of shapes.</p> <p>Step 4: Have child jump to different shapes.</p> <p>Step 5: Have fun with your child</p>	<p><i>Instructions:</i></p> <p>Step 1: Have materials ready</p> <p>Step 2: Have child toss their bear up in the air and try to catch it.</p> <p>Step 3: Repeat</p> <p>Step 4: Have fun with your child</p>



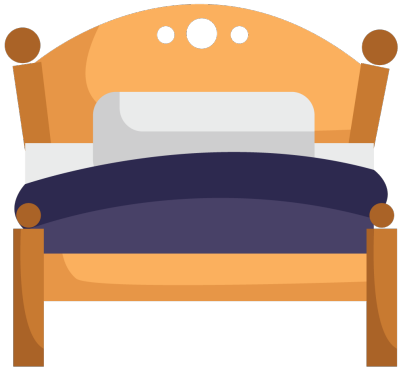
porridge

Copyright © 2020 Young Innovators Technologies, Inc.



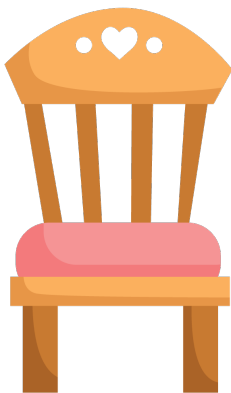
bear

Copyright © 2020 Young Innovators Technologies, Inc.



bed

Copyright © 2020 Young Innovators Technologies, Inc.



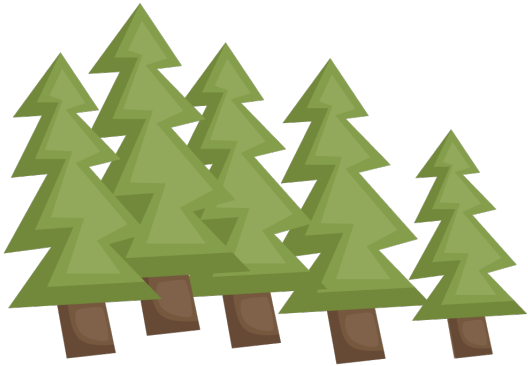
chair

Copyright © 2020 Young Innovators Technologies, Inc.



cottage

Copyright © 2020 Young Innovators Technologies, Inc.



woods

Copyright © 2020 Young Innovators Technologies, Inc.



hot





Copyright © 2020 Young Innovators Technologies, Inc.



cold

Copyright © 2020 Young Innovators Technologies, Inc.

FAVORITE CHARACTER

Family Member				





PATTERNS

Finish the pattern

PATTERNS

Finish the pattern

PATTERNS



